

GETTING YOUTH ACTIVE: Suggested Reading List

FOR INSPIRATION

Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder by Richard Louv

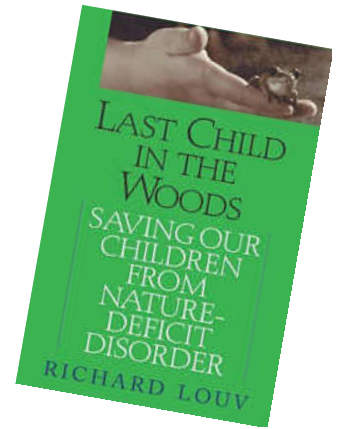
Noah's Children: Restoring the Ecology of Childhood by Sara Bonnett Stein

Beyond Ecophobia: Reclaiming the Heart in Nature Education (Nature Literacy Series, Vol. 1) and *Children's Special Places: Exploring the Role of Forts, Dens, and Bush Houses in Middle Childhood* (The Child in the City Series) by David Sobel

Children and Nature: Psychological, Sociocultural, and Evolutionary Investigations by Peter H., Jr. Kahn (Editor), Stephen R. Kellert (Editor)

The Geography of Childhood by Gary Paul Nabhan

Chicken Soup for the Nature Lover's Soul : Inspiring Stories of Joy, Insight and Adventure in the Great Outdoors by Jack Canfield, Mark Victor Hansen, Steve Zikman



JUST FOR KIDS

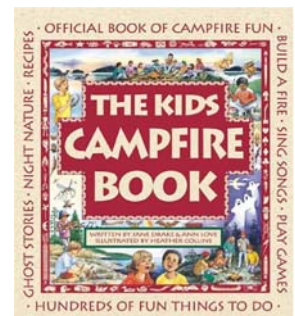
Follow the Trail: A Young Person's Guide to the Great Outdoors by Jessica Loy

The Kids Campfire Book and *The Kids' Summer Handbook* by Jane Drake, Ann Love

Kids Camp!: Activities for the Backyard or Wilderness by Laurie Carlson, Judith Dammel

Buck Wilder's Small Twig Hiking & Camping Guide by Timothy R. Smith

Trekking on a Trail: Hiking Adventures for Kids by Linda White, Fran Lee (Illustrator)



JUST FOR PARENTS

Introducing Your Kids To The Outdoors by Dr. Christopher Van Tilburg

Kids in the Wild: A Family Guide to Outdoor Recreation by Cindy Ross, Todd Gladfelder

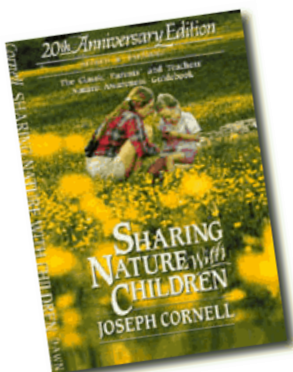
Parents' Guide to Hiking & Camping: A Trailside Guide by Alice Cary

Camping and Backpacking With Children by Steven Boga

Hiking with Kids: Taking Those First Steps with Young Hikers by Robin Tawney

365 Outdoor Activities You Can do With Your Child by Steven and Ruth Bennett

Sharing Nature with Children and *Sharing Nature with Children II* by Joseph Cornell



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